

## McMurray Lunch Menu

**April 2021** 

If your child chooses to participate in the lunch program, they simply tell their teacher in the morning during attendance.

Just a reminder: Nutrislice Online Ordering is only for the Middle School & High School. 1

No School

2

No School

5

No School

6

No School

7

Pancakes & Yogurt

Hash Brown Baby Carrots Pineapple Tidbits

100% Fruit Juice Fat Free Milk 8

Cheese Pizza

Smiley Fries Red Pepper Strips Diced Peaches

100% Fruit Juice Fat Free Milk 9

Mini Pierogis

Baby Carrots Celery Sticks Apple Slices

100% Fruit Juice Fat Free Milk

12

Ham Hoagie

Broccoli Florets Baby Carrots Mandarin Oranges

100% Fruit Juice Fat Free Milk 13

**Chicken Patty Sandwich** 

Baked Beans Red Pepper Strips Diced Pears

100% Fruit Juice Fat Free Milk 14

Waffles & Yogurt

Hash Brown Sliced Cucumbers Pineapple Tidbits

100% Fruit Juice Fat Free Milk 15

Pizza Hut Pizza

Green Beans Grape Tomatoes Diced Peaches

100% Fruit Juice Fat Free Milk 16

Cheeseburger

Steamed Carrots Celery Sticks Applesauce

100% Fruit Juice Fat Free Milk

19

**Breakfast Donut Pack** 

Broccoli Florets Baby Carrots Fruit Cocktail

100% Fruit Juice Fat Free Milk 20

Hot Dog

Corn Red Pepper Strips Diced Pears

100% Fruit Juice Fat Free Milk

Pancakes & Yogurt

Baby Carrots Sliced Cucumbers Pineapple Tidbits

100% Fruit Juice Fat Free Milk 22

Cheese Pizza

Smiley Fries Grape Tomatoes Diced Peaches

100% Fruit Juice Fat Free Milk 23

**Grilled Cheese** 

Baby Carrots Celery Sticks Apple Slices

100% Fruit Juice Fat Free Milk

26

Italian Hoagie

Broccoli Florets Baby Carrots Mandarin Oranges

100% Fruit Juice Fat Free Milk 27

**Chicken Patty Sandwich** 

Green Peas Red Pepper Strips Diced Pears

100% Fruit Juice Fat Free Milk 28

21

Waffles & Yogurt

Hash Brown Sliced Cucumbers Pineapple Tidbits

100% Fruit Juice Fat Free Milk 29

Pizza Hut Pizza

Green Beans Grape Tomatoes Diced Peaches

100% Fruit Juice Fat Free Milk 30

Italian Cheesy Pull-Apart

Baby Carrots Celery Sticks Applesauce

100% Fruit Juice Fat Free Milk

Yummy Recipe of the Month: Avocado and Corn Salsa

1 Avocado diced 1 Tbsp fresh cilantro, chopped

3/4 Cup corn, frozen or canned 2 Tsp lime juice 1/2 Grape tomatoes, quartered 1/4 Tsp salt

Toss avocado, corn, tomatoes, cilantro, lime juice and salt in a medium bowl. Chill for one hour and then serve with your favorite whole grain chip! This could easily be put on top of your favorite tacos as well! Enjoy!

This year, there is such a thing as
FREE LUNCH
FOR ALL STUDENTS #eatwellk1

This institution is an equal opportunity provider.

We are looking for Cafeteria Substitute Workers!
Please contact Food Service @ 724-941-6251 x 7226

